



THE BETTENDORF ROTARY CLUB NEWS

Bettendorf, Iowa, Rotary Club
Aug. 3, 2016, issue

Next meeting:

Wednesday, Aug. 10, 2016, at
Tanglewood Pavilion

Learn about benefits of Salt Holistic Therapy

Dr. Amanda Friemel, a 2003 graduate of Palmer College of Chiropractic, operates Friemel Chiropractic and SALT Holistic Health on Valley Drive in Bettendorf. She is the scheduled speaker at the Aug. 10 meeting.



“Our mission is to provide alternatives to allow your body to function at its optimum and reach your own innate potential,” according to her Website. “We offer chiropractic care, acupuncture, massage, and halotherapy.”

Halotherapy, or salt therapy, uses a halogenerator to grind up pharmaceutical grade salt into an aerosol that is dispersed into the air. She says it may help, among other benefits, to:

- Reduce the need for inhaler and/or nebulizer treatments
- Clear mucus and phlegm from lungs
- Improve and strengthen the immune system
- Alleviate breathing issues
- Minimize skin irritations

Last meeting:

Wednesday, Aug. 3, 2016



QC United Way refocuses goals

After completing his 27th United Way campaign – in cities in South and North Dakota and Tennessee, as well as the QC – **Scott Crane**, president of United Way of the Quad Cities Area, told us at the Aug. 3 meeting how United Way is changing – and why.

“The biggest issue in the community is poverty,” he said. And the United Way is shifting its way of serving the community’s needs accordingly.

Traditionally, the organization would collect donations (last year’s campaign raised about \$9 million, he said) from throughout the community – and disperse it to 85 charities to help them meet their individual programs’ needs.



Now, United Way is pivoting to focus its efforts – and spending – to make improvements in three broad areas: education, income and health. Some

UW programs in those areas already exist, he noted:

→Imagination Library, an 8-year-old program, gives a free book per month to kids up to age 5 in families that meet low-income criteria

→The Kindergarten Readiness program (4 years old) helps the 1 in 6 kids in the QC who aren't yet ready for school – “and that's 1 in 4 if they're low-income,” Scott said

→UW brought 13 AmeriCorps volunteers to the Iowa QC to add to help ensure 3rd graders can read at grade-level. “That's the grade when they should be finished learning to read – and beginning to read to learn,” he said.

A newer program supplies IRS-trained volunteers to help low-income families prepare their tax returns. And “Last year we invested \$75,000 in a mental-health assistance program to provide respite care,” he added.

Some organizations that supply volunteers already have goals related to education, health or income, Scott said, and United Way works to blend the organization's goal into the community's goals in those areas.

In the area of income, United Way will soon have a financial resources center to help people “the rest of the way toward financial self-sufficiency,” he said.

To use its own funds more wisely, UW recently purchased an office – the 4th floor of the Triumph Community Bank building in Bettendorf. At the end of the 10 years it will take to pay off that purchase, “we'll put \$50,000 a year (which we used to pay for rent) back into the community,” Scott said.

principle of working together to “accomplish more than any single group can on its own” by operating programs aimed at causing “Hundreds of volunteers evaluate the community needs and determine the use of donor resources that create the best results” in those

Presentation...

→Rotarian of the Quarter: Will



Doland received his plaque for the 3rd Quarter honor.

Originally announced at the July 13 meeting, the award was given to **Will and Christy Gause** for the work they did representing BRC

on the planning committee for the community-wide Service for Success program carried out by Rotarians throughout the QC.

Announcements...

→**BRC at the QCSO Pops:** Saying the number of Bettendorf Rotarians who wanted to attend the Quad City Symphony's Pops Concert has exceeded the number needed to earn discounts on ticket prices, **Harry Coin** urged other members who want to attend as a group to contact **Secretary Johanna Smith** (<http://www.bettendorffrotary.com/>) to order tickets. The Quad City Symphony's summer-ending Pops Concert, featuring

The Eagles' greatest hits, is Saturday, Aug. 20, at LeClaire Park Band-shell, Davenport. You can start arriving as early as 3 p.m.



→ **Rotary Night at Modern Woodmen Park: Bill Daley** urged members to sign up for this annual opportunity to meet other QC Rotarians. Sign-

up deadline is next week's meeting. The \$5-per-ticket price covers admission at the 5:30-7 p.m. Rotary Fellowship and Networking event (at the end of the Concourse Level along the 3rd-base line). We'll sit among other QC Rotarians for the game – first pitch at 7 p.m. A collection will aid the Kids Against Hunger program. To sign up, or ask questions, call Bill (563.759.7767)

→ **BRC Golf Outing:** Scheduled for Wednesday, Sept. 7, at Palmer Hills Golf Course, this annual social event still has tee times 11 a.m.-1 p.m. (\$50 for Rotarians, \$60 for non-Rotarians). Dinner that evening – grilled steak (or salmon) – is free to members, \$10 for guests. Hole sponsorships are available for \$100. Contact **Tim Lane** (563.320.9161 / tim.lane@edwardjones.com) to sign up or to sponsor a hole.



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Jon Ryan
Happy \$\$...
(Named in honor of the late Bettendorf Rotarian, punster, jokester and all-around good guy)

Past President Kevin Kraft presided over Happy \$\$, collecting \$320 with special amounts coming from: **Dr. Tom Olson** – granddaughter going into kindergarten + happy the news is saying there's no need to floss between teeth: "Great! Looks like I'll be profitable this year – and that's my 'dental floss-ophy'"... **Steve Pieart** – \$75 for his birthday... **Chelsea Powers** – had a baby in April – No. 3 – and glad to be back... **Diane Ricketts-McCool** – rounding 62 for her birthday up to \$100.

The meeting opened...

Past President Kevin Kraft welcomed everyone, called the meeting to order and led the recitation of The 4-Way Test. **Tom Howard** and pianist **Gail Baldwin** led the singing of "This Is My Country." Kevin led the Pledge of Allegiance to the Flag and presided over the Moment of Silence, during which we learned that his Mom had broken a leg, which is healing.

After introductions, Tom and Gail led more singing: "Sing, Everyone, Sing!", "Be a Friend" and "Happy Birthday, Dear Rotarians."

August members' birthdays are: 04, Steve Sorensen; 08, Dick Hanzelka; 09, Penny McGimpsey; 12, Jerry Felsing; 14, Diane Ricketts-McCool; 22, Dawn Saul



Secretary Johanna Smith introduced...

Guests

Gail Baldwin, pianist
Scott Crane, United Way of the QC, speaker
Morgan Marsh, Holmes Murphy, guest of
Chelsea Powers

57 Bettendorf Rotarians attended and were joined by 3 guests.

And at the end...

... of the meeting, **Steve Pieart** won a Happy to Have a Make-up in the drawing from among all those members who participated in *Jon Ryan Happy \$\$*.

Missing today...

Ashby, Bennett, Bibik, Boeye, Bush, Chambers, Deuth, Duda, Eikenberry, Elledge, Featherstone, Felsing, Fopma, Franks, Garlach, Gause, Hassel, Hill, Hurd, James, Kappeler, Kellenberger, Lane, Larsen, Mannix, Martinez, Meyers, Mickle, Mitvalsky, Morrison, Naeve, Nelson, Ross, Sarver, Saul, Schillig, Schmit, Schuler, Scranton, Spelhaug, Stopulos, Thompson, Tombergs, Webster, Werner, and Windmiller

Make-ups...

Dick Schillig, **Iowa QC Rotary**
Rich James, **Summit County, Colo., Rotary**
(3)

Make up at another QC club...

Monday, noon: Davenport – The Outing Club
Monday, noon: Moline – Trinity Lutheran Church, Moline
Monday, 6 p.m.: QC Illinois – Club Room, HyVee, 7th Street & John Deere Road, Moline
Tuesday, 7:15 a.m.: River Cities – Brothers Restaurant, Rapids City
Tuesday, noon: Rock Island – QC Botanical Center
Wednesday, noon: Bettendorf – Tanglewood Pavilion
Wednesday, 5 p.m.: Mini Meet – Lunardi's Restaurant, Davenport
Thursday, 7 a.m.: Iowa Quad Cities – J-Bar, Elmore Avenue, Davenport

Thursday, noon: East Moline – Christ United Methodist Church
Thursday, noon: Milan – Pinnacle Country Club
2nd and 4th Thursdays, 5:30 p.m.: Twin Rivers
Rotary After Hours – Bierstube, Moline
Friday, noon: North Scott – Steeplegate Inn, Davenport

Upcoming meetings...

... Thanks to program chair **Scott Naumann**, scottn@midlandcom.com, 445-4260:



Aug. 10: Dr. Amanda Friemel, Friemel Chiropractic and SALT Holistic Health: Halotherapy

Aug. 17: Former QC TV newscaster Carolyn Wettstone: “How I Kicked the Cancer Fairy’s Butt”

Aug. 31: President Jonna Schuler: Presidential Assembly

Sept. 7: Bettendorf Rotary Club Annual Golf Outing, Palmer Hills Golf Course

Sept. 21: District Governor’s annual visit

BRC News staff...

Editor, reporter, photographer: Fred Anderson

Correspondent, Website host: Johanna Smith

For more on Bettendorf Rotary:

<http://www.bettendorffrotary.com/>

Bettendorf Rotary in the community:
<http://www.bettendorffrotary.com/community.htm>

Bettendorf Rotary’s current officers:
<http://www.bettendorffrotary.com/current.htm>

Bettendorf Rotary’s committees and their chairs:
<http://www.bettendorffrotary.com/committ.htm>

Link to District 6000’s Website:
www.rotary6000.org

For more on Rotary International:

<https://www.rotary.org/>