



# THE BETTENDORF ROTARY CLUB NEWS...

Bettendorf, Iowa, Rotary Club  
Nov. 10, 2021

*Next, at Tanglewood Pavilion plus via ZOOM [see page 5]:*

Nov. 17, 2021



## Cruise boats bring tourists and their spending to QC

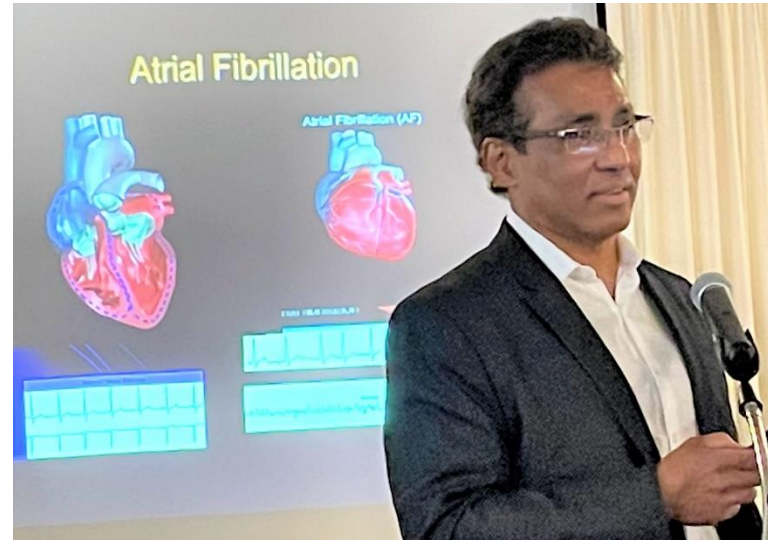
Usually twice a week, an American Cruise Riverboat docks at the Davenport riverfront and busloads of passengers board buses bound for a few hours' worth of visits to Quad City attractions. The boats bring 100 to 200 passengers ashore each time they stop



Former Davenport mayor **Frank Klipsch** works for the American Cruise Lines, and he'll tell us more about the impact of these visits – and

other cruise lines that plan visits – at our Nov. 17 meeting.

Nov. 10, 2021



## Heart device cuts chance of stroke

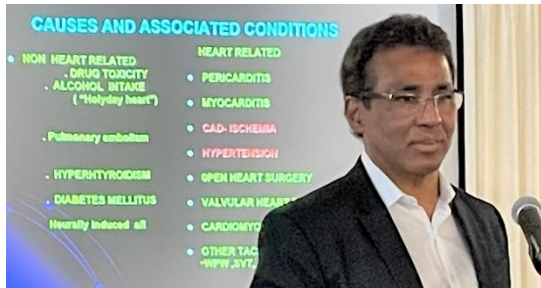
The Watchman FLX device alleviates the condition in a number of heart patients that often leads to strokes. **Dr. Helbert Acosta**, specialist in cardiology and electrophysiology at the Genesis Heart Institute, explained how the device closes off the left-atrial appendage to fight stroke, during the Nov. 10 meeting.

The Watchman Website says the FLX is inserted during “a one-time, minimally invasive procedure for people with atrial fibrillation not caused by a heart valve problem..., who need an alternative to blood thinners.” True... but there’s a bit more to it, as Helbert explained.

The heart’s left atrium has a small chamber, which he said is similar to the Appendix in the large intestine – but it’s much more of a trouble-maker. While the appendage “doesn’t contribute much to the function of the heart,” he said, “about 40% of the adult population may

experience atrial fibrillation” because of it. The appendage interferes with the atrium’s contraction to move blood along, which can cause formation of a clot – and it can travel to the brain, resulting in a stroke.

AFI, he explained, is a “disorganized rhythm” of the heart causing pain, fatigue, shortness of breath, dizziness and can result in congestive heart failure, stroke and – if not treated properly – death. And it’s sneaky. A small percentage of patients do not experience symptoms at first, and about 15% of those who have a stroke with AFI have a second stroke within a year.

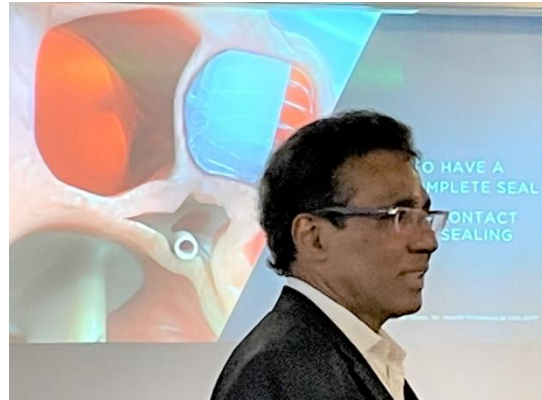


Helbert mentioned a number of “causes and conditions” associated with AFI. Some of them are drug toxicity, excessive alcohol intake, diabetes, sleep apnea, hyperthyroidism, hypertension and open-heart surgery.

The first attempt to combat AFI caused by the pesky appendage was a 9-hour surgery that produced 70-90% success. Blood thinners were tried, but with less success and they caused the development of other problems in many patients.

The Watchman FLX device effectively walls-off the appendage from the left atrium – the device is inserted into a blood vessel in the patient’s groin and travels to the heart, where it goes through the atrium to the opening of the appendage and locked into place. The

heart grows a membrane over the device [it’s the blue device behind Helbert’s head in the photo below), and the patient can be weaned off blood thinners in a matter of weeks, Helbert said.



After earning his medical degree at the Universidad Del Valle in Colombia, he completed residency in internal medicine at Miami University and fellowships in cardiology at Oklahoma University Hospital and State University of New York at Buffalo.

## Announcements...

### ➔Membership growth: President Larry Thein

asked, How do we reach our goal of 30 new members by July 1, 2022, with typical attrition of about 10%? He “ran the numbers”: with 11 new members since July 1, we need 19 more by next July 1. He said each member should bring at least one guest in his or her birthday month.



### ➔Celebrity Luncheon: The Celebrity Luncheon fundraiser for the Festival of Trees will be in two weeks, Wednesday,

Nov. 24, the day before Thanksgiving, Larry said. BRC has reserved two tables of 10, and so far eight members have signed up. Tickets are \$50 apiece, and



**Penny McGimpsey** is in charge of our tickets. She sent this follow-up email:

“Festival of Trees  
Celebrity Luncheon  
Wednesday, Nov. 24,  
12 p.m. at Hilton  
Double Tree  
Downtown  
Davenport

“Bettendorf Rotary  
Club members, please

contact Penny McGimpsey to sign up to attend this fun-filled luncheon event to support our Quad City Arts and Festival of Trees this year!

“Who: Bettendorf Rotary Members and Guests

What: Festival of Trees Celebrity Luncheon

When: Wednesday, Nov. 24, at 12 p.m.

Where: Downtown Hilton Double Tree (formerly the Radisson)

Why: Tons of fun, great food and a good cause

How: Contact Penny McGimpsey to reserve your seat for yourself and a guest to join us!

Price: \$50 each

“Please bring your money to this week’s Rotary meeting or to Penny at the event to be collected at the door.

“Penny will reserve our tables and turn in our cash or checks. Checks can be made out to Quad City Arts.

“Thanks very much!!  
Yours, pen”

Penny McGimpsey  
Sales Manager  
WQUD-FM 107.7 Vintage Radio  
Cell: 563-340-0027  
Email: [pmcg0809@gmail.com](mailto:pmcg0809@gmail.com)

**Veterans Day: Harry Coin** said the Iowa Quad-City Rotary has scheduled a general as a speaker – the club meets at 7 a.m. at the J-Bar on Elmore Avenue.

**An Acre of Warmth: Monica Kruse** updated the campaign to provide blankets for those suffering homelessness this winter: we’ve received 1,193 blankets, with more still being collected,



and about 530 have been delivered to some recipient agencies. **Ann Kaeppler** said about 20 of the handmade quilts that have been donated will be offered for auction, with the proceeds used to purchase more blankets.



➔**Thanksgiving baskets: Mike Ingleby** said recipient families have been identified to receive all 25 baskets that BRC budgeted to deliver. Baskets can be picked up 8 a.m.-4 p.m. on

Saturday, Nov. 20, from the Hy-Vee on Devils Glen Road.

## BRC Happy \$\$ Plus...

President **Larry Thein** roamed around the meeting room, drawing these bits of news from members: **Harry Coin** – he and wife Susan took the first dancing lesson of their lives... **Joe Pacha** – granddaughter, a volleyball standout, named to her conference star team- for the third time... **Craig Windmiller** – 7-year-old granddaughter's birthday... (sorry: couldn't see who said this) – nephew just finished Navy bootcamp... **Penny McGimpsey** – happy visitor Kyle Kuehl has applied to be a member... Kyle – announced he's running for the nomination to represent Iowa's new 1<sup>st</sup> District in the U.S. Congress... while he didn't say anything about it at the



meeting, **Scott Naumann** and his "It's a Mystery" dinner-theater troupe got some major coverage in the *Quad-City Times* this week – and he should owe some big-time \$\$\$ for that!

## The meeting opened...



The bell sounded and, **President Larry Thein** called the meeting to order. He led the recitation of The Four-Way Test. **Tom Howard** led the singing of the day's patriotic song, "God Bless America."

**Decker Ploehn** led the Pledge of Allegiance. Larry led the Moment of Silence, during which Tom reported that **Dick Hanzelka** has returned home after heart surgery, and **S.K. Nanda** asked that we remember our troops.

**Club Secretary Shelly Naumann** introduced visitors: Jerry Higgs, returning BRC member; Brian Ritter, North Scott Rotary; and guests Joy Dodson, Steve Roberts, Michael Manternach, Professor Ellen Tsargaris and Carl Zies DC, who brought Jolene Powell DC as his guest. Our speaker, Dr. Helbert Acosta, brought two of his associates as guests.

After announcements, Tom Howard led the singing of "Sing Out a Song of Rot'ry" and "You're a Grand Old Flag," in honor of Veterans Day tomorrow.

## At the end...

... of the meeting today, **Joe Pacha** won the drawing for a free make-up from among the names of members who shared their news in today's installment of "BRC Happy \$\$ Plus."



## Upcoming meetings & more...

Meeting programs thanks to Program Chair **Scott Naumann, 563-505-7953; [scottnaumann@msn.com](mailto:scottnaumann@msn.com):**

**Nov. 17:** Frank Klipsch: Impact of visiting riverboats on the QC economy

**Saturday, Nov.**

**20:** Annual Thanksgiving food basket distribution

**Nov. 24: NO MEETING**

**Dec. 1:** District Gov. Alka Khanolkar and her husband Kiran to visit BRC

**Dec. 8:** Pleasant Valley Vocal Music Christmas concert

**Dec. 15:** Brian Ritter, Nahant Marsh

**Feb. 8, 2022:** Red Badge 2.0 at Tanglewood Chapel reception room



## Make up at another QC club...

*[NOTE: To update any of these listings, please notify the editor; thanks]*

Monday, noon: Davenport – Davenport YMCA

Monday, noon: Moline –Trinity Lutheran Church, Moline

Monday, 6 p.m.: QC Illinois – Club Room, Hy-Vee, 7<sup>th</sup> Street & John Deere Road, Moline

Tuesday, 7:15 a.m.: River Cities – Brothers Restaurant, Rapids City  
Tuesday, noon: Rock Island – QC Botanical Center

**Wednesday, noon: Bettendorf – Tanglewood Hills Pavilion**

Wednesday, 5 p.m.: Mini Meet – Lunardi’s Restaurant, Davenport

Thursday, 7 a.m.: Iowa Quad Cities – J-Bar, Elmore Avenue, Davenport

Thursday, noon: East Moline – Christ United Methodist Church

Thursday, noon: Milan – Pinnacle Country Club

2<sup>nd</sup> and 4<sup>th</sup> Thursdays, 5:30 p.m.: Twin Rivers Rotary After Hours – Bierstube, Moline

Friday, noon: North Scott – Steeplegate Inn, Davenport

## BRC News staff...

**Editor, reporter:** Fred Anderson  
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## For more on Bettendorf Rotary...

Website:

<http://www.bettendorfrotary.com/>

Facebook: <https://www.facebook.com/bettendorfrotary>

## To join BRC meetings...

... on ZOOM, every Wednesday noon:  
<https://us02web.zoom.us/j/7823748708?pwd=Q1dKblVLSFhLZUJZVnA3YzVnLzRKZz09>

**Meeting ID: 782 374 8708**

**Passcode: 236034**



## Rotary elsewhere...

### RI president's message: 'Please fill out survey...'

[NOTE: You may have already received this message, but in case you didn't...]

Dear Rotary member,

As part of our commitment to provide you with the best membership experience



possible, we invite you to participate in the 2021 Rotary All-Member Survey. Your responses will help us learn what you like about being a Rotary member

and how we can make your membership experience even better.

[The link in the message is unique to each Rotarian who received it. If you have any questions, or if you need to receive a new link, please email: [surveys@rotary.org](mailto:surveys@rotary.org).]

If you take the survey, begin by clicking the link in the message that's unique to you. The survey will take 15-20 minutes to complete and will be open until Dec. 10, 2021.

The message was signed **Shekhar Mehta**, Rotary International President, 2021-22.

### The Rotary Foundation Minute...

[The usual Rotary Foundation correspondent didn't prepare a column this week, so here are summaries of two recent projects funded by Global Grants.]



To celebrate its 100<sup>th</sup> year, The Rotary Foundation is recognizing 20 global grants that exemplify what a project should be: a sustainable endeavor that aligns with one of Rotary's areas of focus and that is designed in cooperation with the community to address a real need. These are two projects that demonstrate how a club can leverage the resources of the Foundation to do good in the world.

#### **Equipping a neonatal intensive care unit in Brazil**

**Area of focus:** Saving mothers and children

**Host sponsor:** Rotary Club of Registro, Brazil

**International sponsor:** Rotary Club of Nakatsugawa, Japan

**Total budget:** \$172,500

**Background:** Neonatal mortality rates were significantly higher in the Ribeira Valley area of southern São Paulo state than in other regions.

**Scope:** The Rotarians worked with the Hospital Regional Dr. Leopoldo Bevilacqua in Pariqueira-Açu to determine the best approach. The grant provided equipment for the hospital's neonatal ICU and provided prenatal care and breast-feeding workshops for pregnant adolescents.

**Impact:** Infant mortality in the region has been halved to seven per 1,000 live births.

## Supporting Rotary Family Health Days in Uganda

**Area of focus:** Saving mothers and children

**Host sponsor:** Rotary Club of Kiwatule, Uganda

**International sponsor:** District 5500 (Arizona, USA)

**Total budget:** \$97,750

**Background:** A health care summit in Uganda, funded by a district grant, uncovered a need for improved prenatal diagnostic capabilities in rural communities and for better nutrition for expectant mothers.

**Scope:** A combination global grant provided humanitarian supplies for Uganda's Rotary Family Health Days and a vocational training team for health care workers at the health camps.

**Impact:** The team trained 23 nurses, midwives and other health care practitioners to use ultrasound scanning devices to diagnose abnormalities in pregnancies and other life-threatening conditions.

**Fun fact:** Ten Rotary clubs in Uganda each adopted a rural health care center.

**For more on Rotary International:**

<https://www.rotary.org/>

## Rotary District 6000 governor...



The R.I.S.E. Action Team shares these words:

**“Only a life lived in the service to others is worth living.”**

– **Albert Einstein**

IN ROTARY FELLOWSHIP

Alka K Khanolkar | District 6000

Governor 2021-22

Email - akhanolkar6000@gmail.com

Cell – 319-504-9857

**District Conference reminder:**

The District 6000 Conference is scheduled for April 22-23, 2022. For early registration and booking of hotel rooms, check with Carolyn Scharff at the District Office, 877-976-8279.

