

THE BETTENDORF ROTARY CLUB NEWS

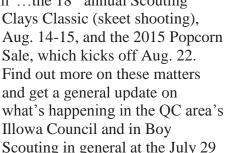
Bettendorf, Iowa, Rotary Club July 22, 2015, issue

Next meeting:

Wednesday, July 29, 2015, at Crust Stone Oven Pizza, 2561 53rd Ave., Bettendorf

Hear an update on what's happening in QC scouting

Google "Illowa Council Boy Scouts" and you'll learn about "The New Cub Scout program"...the 18th annual Scouting



meeting when our featured speaker will be **Tom McDermott**, executive director, Boy Scouts Illowa Council.

The Illowa Council has 83 Boy Scout troops and 113 Cub Scout packs. They maintain a total of 245 units, serving some 7,700 youth and 2,600 adult leaders in western Illinois and eastern Iowa.

Through their services, the Illowa Boy Scout Council helps their scouts practice ethics and leadership that will prepare them to be quality citizens in their community, according to the Website www.illowabsa.org, where you can find more information.

Last meeting:

Wednesday, July 22, 2015



CASI = activity while aging

CASI – or the Center for Active Seniors Inc. – exists with a long list of services to deliver on the promise in its name: help people stay active while they're aging.

That was the core message delivered at the July 22 meeting by **Laura Kopp**, president/CEO of CASI. From its earliest days – it was established in 1973 – the agency has worked to establish itself as "a one-stop shop or marketplace where seniors could access the services, resources and activities they need all in one place," she said.



That list of services includes fitness, health, beauty... and many others with transportation when needed to reach services not provided in CASI's "Main Street shops."

CASI services rest on four pillars, Laura said:

- → Socialization: Resting on research that suggests "older adults who have strong social networks seem to have a higher quality of life, live longer and are healthier...," CASI operates such diverse services as a library, Eleanor's Café, regular bingo games and a billiards room → Health and wellness: To promote age-
- → Health and wellness: To promote ageappropriate levels of fitness, CASI equips a fitness center, offers regular blood



pressure and vision checks, marks an indoor walking track at its 1035 W.

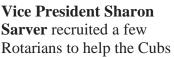
Kimberly Road facility in Davenport and organizes fitness support groups

- →Advocacy: With its staff of about 30 paid and "hundreds of volunteers," CASI advocates for its members when they deal with all sorts of issues, such as landlords, Medicaid officials, personal budgeting, legal matters... and it's all free, Laura emphasized. "Why?" she asked, "Because one in four QC adults will be over age 60 by the year 2025."
- →Intensive (support) services: Two services a congregate meal site and "Jane's Place" adult daycare help CASI members stretch their resources and stay in their own homes, Laura explained. The meal site has served some 9,000 meals so far in 2015. With care especially for persons with dementia or Alzheimer's, she said, CASI can help members or provide a respite for an in-home care giver at a fraction of the cost of assisted-living care, home nursing or a residential nursing facility.

For more information on CASI, go to www.casiseniors.org/.

Announcements...

→Our Cubs to wash cars this Sunday: Our Cub Scout Pack 54 will wash cars beginning at 12:30 p.m. this Sunday, July 26, at Great Southern Bank, 18th Street and Spruce Hills Drive.



- "Remember: they showed up for us at LobsterFest," she said. Any family members can also help, she noted – and the hours count for community-service requirements for graduation.



If you can't volunteer to help, she urged, at least drop by and get your car washed.

To volunteer, or for more information, contact **Frank Mitvalsky**, our liaison to the Pack (fmitvalsky@califf.com / 655-8492).

- → Gene Miller 60-year Rotarian poster: Before and after the meeting, members continued to sign the poster we'll give to Gene in celebration of his 60 years of service as a Rotary member. If you haven't already signed it with congratulatory comments look for it at future meetings. The club will give him special recognition with the poster and a plaque at a future meeting.
- → Future meetings: The July 29 meeting will be at Crust, and in August we'll return to the Tanglewood Pavilion.

Your email should have a message from Survey Monkey – or use this link: https://www.surveymonkey.com/r/2KCJ
39F – to vote on a permanent meeting home: Crust, Tanglewood Pavilion or Davenport Country Club. Cast your vote by the deadline – July 31.

- → Recruitment: After passing out more shocking pink signup cards, Jim Slavens thanked all who have handed in prospective new-member cards. (Come to next week's meeting to see the impact of recent recruiting efforts it'll wow! you.)
- → Ribs with fellow Rotarians: Iowa QC Rotary visitor Tim Schlicksup issued an invitation to his club's Ribs for Kids, to raise funds for all of its childrelated charities, such as Little League and shelters for mothers and kids. The ribs will be ready beginning at 5 p.m. Saturday, Aug. 1, at Kelly's Bar & Grill on 53rd Street. It promises ribs, live music, sticky chins and (did I mention?)

ribs. For tickets, contact Tim (at Knilans' Furniture, 322-0903) or do a make-up at their meeting, 7 a.m. any Thursday at the J-Bar, Elmore Avenue, Davenport.



Jon Ryan
Happy \$\$...
(Named in honor of the late Bettendorf Rotarian, punster, jokester and allaround good guy)

After the strains of Ferrell's "Because I'm Happy" sounded in the room, **Vice President Sharon Sarver** collected \$199



especially from Paul Scranton - thanks for supporting the John Deere Classic + "this lays to rest the idea that you can't do well at both the JDC and

the British Open"... Sharon Sarver – excited for Jordan Spieth and Zack Johnson... Mike Elledge – going to Cabo San Lucas... Brad Morrison – currently reigning No. 1 bagpipe band in the Midwest... Curtis Fee – happy his son is on his way back from weeks in Europe: "he mows our lawn"... Dr. Tom Olson – family comprises 3 daughters, 4 granddaughters – and a baby on the way: "the 'gender reveal' is next week, and I sure hope it's a boy"... Ann Rutherford – back from San Diego, "where I played

tennis with grandma, age 88"... **Dave Deuth** – singing "Smiles" today was appropriate – "made me think of **Glenn Kass** + thanks to **Decker Ploehn** for 'perfect job' as emcee at Glenn's funeral"... **Decker** – wife Jayne choreographed production of "CATS" + "phone Iowa DOT with complaints about the I-74 mess."

The meeting opened...

After the bell sounded, **Past President** / **Vice President Sharon Sarver** called the meeting to order and led the recitation of The 4-Way Test – because **President Kevin Kraft** was biking across Iowa on Day 4 of RAGBRAI. (Kevin suggested posing in front of a Rotary sign should qualify him for a make-up; really??)



Tom Howard – accompanied by Scott Naumann's seemingly ubiquitous musical laptop – led the singing of the day's patriotic song, "America the Beautiful." After Moments of Silence, during which we learned of the passing of John Peiffer, president of BRC 1970-1971, and Introductions, Tom and Scott's laptop led us in the singing of "Sing Out a Song of Rot'ry" and "Smiles."

Secretary Johanna Smith introduced...

Visiting Rotarians:

Laura Kopp, CASI Inc. (speaker), Davenport Rotary

Tim Schlicksup, Knilans' Furniture, Iowa QC Rotary

Marcia Brandt, North Scott Rotary

Guests:

Brittany Hopkins, Knilans' Furniture Marty Clifton, State Farm, **Thein** guest

In all, 53 Bettendorf Rotarians, 2 guests and 3 visiting Rotarians attended.

And at the end...

... of the meeting, **Dave Deuth** won a Happy to
Have a Make-up in the
drawing from among all
those members who
participated in Jon Ryan
Happy \$\$.



Missing today...

Bibik, Boeye, Bush, Carroll, Chambers, Coin, G., DeDoncker, Dickson, Dobesh, Downing, Duda, Eikenberry, Featherstone, Felsing, Franks, Gallagher, Sr., Gallagher, Jr., Geisewite, Hassel, Hill, Hinman, Hintermeister, Hinton, Hipple, Hurd, Hutcheson, James, Kappeler, Kraft, Lane, Lizak, Love-Sherrick, Mannix, Miller, L., Mitvalsky, Oswald, Ross, Saul, Schillig, Schmidt, Sherrick, Spelhaug, Stone, Stopulos, Webster, Willsher, Windmiller

Make-ups...

North Scott Rotary: Scott Naumann

Make up at another QC club...

Monday, noon: Davenport – The Outing Club Monday, noon: Moline –Trinity Lutheran Church, Moline

Monday, 6 p.m.: QC Illinois – Club Rm., HyVee, 7th Street & John Deere Road, Moline Tuesday, 7:15 a.m.: River Cities – Brothers

Restaurant, Rapids City

 $Tuesday,\,noon:\,Rock\,\,Island-QC\,\,Botanical$

Center

Wednesday, noon: Bettendorf – Crust Stone Oven Pizza (during July); Tanglewood Pavilion (in August)

Wednesday, 5 p.m.: Mini Meet – Lunardi's

Restaurant, Davenport

Thursday, 7 a.m.: Iowa Quad Cities – J-Bar,

Elmore Avenue, Davenport

Thursday, noon: East Moline - Christ United

Methodist Church

Thursday, noon: Milan – Pinnacle Country Club 2nd and 4th Thursdays, 5:30 p.m.: Twin Rivers Rotary After Hours – Bierstube, Moline Friday, noon: North Scott – Steeplegate Inn,

Davenport

Upcoming meetings...



... Thanks to program chair Scott Naumann, scottn@midlandcom. com, 445-4260:
July 29: Tom
McDermott, executive director, Boy Scouts Illowa Council
Aug. 5: Brad
Morrison (in a kilt)

and his daughter: all

about bagpipes

BRC News staff...

Editor, reporter, photographer: Fred

Anderson

Photographer: Harry Coin

Correspondent, Web-site host: Johanna

Smith

For more on Bettendorf Rotary:

http://www.bettendorfrotary.com/

For more on Rotary District 6000:

www.rotary6000.org/



For more on Rotary International:

https://www.rotary.org/

