



**THE
BETTENDORF
ROTARY
CLUB NEWS**
Bettendorf, Iowa, Rotary Club
Feb. 26 2020, issue

Next meeting:
Wednesday, March 4, 2020
Tanglewood Pavilion

**How Scott County is
preparing for Coronavirus**

The Coronavirus Disease 2019 (COVID-19) is the top story in every newscast. On March 4, **Linda Frederiksen**, executive director of Medic EMS, will inform us about Scott County’s emergency management plans.

Thanks to **Scott Naumann** and **Decker Ploehn** for making this program happen.

Scott said, “There are a lot of questions and concerns about what if a pandemic threatens our area. This particular virus is still evolving, but plans have been in place for similar types of pandemics for years.”

Scott provided a hotlink to the Centers for Disease Control and Prevention. The latest situation summary updates are available on CDC’s coronavirus disease 2019 (COVID-19) web page (<https://www.cdc.gov/coronavirus/2019-ncov/index.html>).

In the meantime, go to page 7 for the latest information on the coronavirus – and don’t believe health advice from anyone except health professionals.

This meeting:
Wednesday, Feb. 26, 2020



**‘3Fs’ can improve
any workplace**

At the Feb. 26 meeting, **Melissa Pepper** – still in her first year as president of Total Solutions, a firm that performs “back-room” functions for other QC small businesses – provided some insights for managers of any kind of human assemblage.

The concepts she outlined in her talk, “F It: Culture Learnings from a New Leader,” can apply within a family,

church, schoolroom – or company, such as Total Solutions, which provides payroll, information technology, accounting, marketing and human-resources services.

The places where Melissa has worked since graduating from Augustana College 11 years ago – an Illinois state agency, the Mississippi Valley Regional Blood Center and Lane and Waterman law firm – have distinctly different cultures, she explained.



Melissa talked more about “the 3Fs” with Carol Foster after her presentation

So, when she was hired to lead Total Solutions – and influence its culture – she asked herself, “How do I lead these people?” That led her to “The 3 Fs”:

→**Feedback:** Recalling an incident in which a Total Solutions colleague had failed to serve a client’s needs, she said that, right at that moment, she and the colleague talked about what had gone wrong. Both she and the coworker learned from that dialog – even though it was a hard conversation. So, she concluded, “We can deliver that feedback all of the time.” As a result, at her firm there are many more one-to-one meetings – to show appreciation as well as talk about what went wrong.

→**Fellowship and fun:** “We have a popcorn machine at Total Solutions,” she began. But it’s not always just a snack, she explained: Sometimes, it’s an opportunity for the whole team to gather for some fun – and talk, over popcorn, about something totally unrelated to work. They might talk about the first movie they remember seeing as a child, or what was their first job. Such interludes help coworkers know each other better on a personal level. “Higher employee involvement,” she added, “does have a bottom-line impact.”

→**Freedom:** Workers at Total Solutions have the freedom during work hours to go to a dentist’s appointment or take a pet to the veterinarian, if necessary, Melissa said. And in the office, they have the freedom to do their job their own way – including planning their own professional development. So, she said, a specialist in a particular area in the firm can learn a new software application or pursue a professional certification – with support from the company.

Applying the three “F” principles, Melissa concluded, can make a better place to work – and have a positive impact on the bottom line.

Announcements...

→**Impact Grant: President Carol Foster** announced that members had submitted 10 “very worthy applications” for this first-time \$15,000 BRC Impact Grant. The BRC Board and its Charitable Grants Committee will meet next week to make decisions on those applications.

In thanking the members who submitted applications for projects to be considered for funding by the Impact Grand, Carol said, “It won’t be an easy task to make those decisions.”

→**LobsterFest:** In reporting that “exciting news will be coming soon about sponsorships and food vendors,” **Ann Kappeler** announced that the first organizing meeting for



the 2020 LobsterFest will begin at 8 a.m. tomorrow, Thursday, February 27, at her home. She invited “anyone who’s interested in a management role, in being part of a working group or just wanting to find out more” to come. “We want to get as many members involved as we can,” she added.

→**BRC News in D-6000 Newsletter:**

Carol said members could find lots of news about Bettendorf Rotary in the last issue of the District 6000 Newsletter.



It covered our awarding of \$30,000 in grants to QC charities and our services projects to help

decorate the Genesis Pediatric Therapy clinic and judge the Cub Scouts Pinewood Derby.

→**Make checks to QC Community Foundation:** A reminder: when writing checks for BRC Happy \$\$ for your birthday or anniversary, for example, make it payable to the Quad City Community Foundation (where BRC’s foundation has an account) – rather than to Bettendorf Rotary Foundation itself.



Presentation...

→**PHF+2:** Steve Piart received the Paul Harris Foundation pin with two sapphires. In making the award, **S.K. Nanda**, Rotary Foundation chair, explained that the pin with two sapphires signifies that Steve has donated \$3,000 to the Rotary Foundation, which supports Rotary projects around the world that improve people’s lives.

Before presenting the pin, S.K. noted that last Sunday was the 115th anniversary of the founding of Rotary. That coincided with the meeting at which the governors-elect of all districts around the world were sworn in.

During that meeting, the Bill and Melinda Gates Foundation renewed its pledge to give \$100 million to Rotary’s PolioPlus campaign once it has collected \$50 million in contributions from members around the world.

[NOTE: Read more about the Foundation’s impact in The Rotary Foundation Minute on page 6.]



BRC Happy \$\$...

Bettendorf Rotarians dug into their pockets and pulled out **\$145**. These folks were especially happy: **Decker Ploehn** – just marked 46 years working for City of Bettendorf... **Frank Mitvalsky** – proud papa of two BHS swimmers who became two-time state champs + All Americans + broke a state record... **Ann Kappeler** (showing signs of exposure to the sun) – good to be back home... Moline Rotarian **Mark Carlson** – invited BRC members to Moline Rotary’s Uncorked, Uncapped, Uncommon fundraiser Friday, April 24, at Trimble Pointe in Moline... **Lyn Cochran** – \$50 worth of happy at being chosen – thanks to nomination by students at Scott Community College – one of the 28 community college presidents (out of 500 eligible) honored this year by Phi Theta Kappa honorary society... **Dick Schillig** – 115 training days (an extra because of Leap Year) until Run with Carl starting guns sound off... **Maria Osterberg** – celebrated her daughter’s 3rd birthday party.

song, “America the Beautiful,” with accompaniment from a musical laptop.

Carol led the Pledge of Allegiance and oversaw the Moment of Silence, during which we supported out troops.

Club Secretary Shelly Naumann made introductions. In all, there were 50 Bettendorf Rotarians, 1 visiting Rotarian and 2 guests:

Visiting Rotarian:

Mark Carlson, Moline Rotary

Guests:

Maria Osterberg guest: Marcia Erickson

Bill Daley guest: Teri Calhoun-Taylor

After introductions, Tom returned to lead the singing of “The 4-Way Test” and “Happy Days Are Here Again.”

Carol closed the meeting with this familiar adjournment: “Go out and be proud to be a Rotarian – especially a Bettendorf Rotarian.”

At the end...

... of the meeting today, **Dick Schillig** won the “Happy to Have a Make-up” in the drawing from among all those members who shared their happiness in this week’s *BRC Happy \$\$*.



Missing today...

Ahmed, Ashby, Blevins, Chambers, Christopher, Clark, Coin G., Daley, DeDoncker, Dobesh, Doty, Falk, Franks, Gallagher Sr., Garlach, Gause, Hassel, Keith, Kellenberger, Kraft, Larsen, Lawrence, Lindle, Loweth, Mannix, Meyers, Mohr, Naab, Naeve, O’Brien, Olson, Paisley, Raso, Ricketts-McCool, Ross, Sarver, Schneden, Scranton, Shea,

The meeting opened...

With a sharp rap to the bell, **President Carol Foster** called the meeting to order and welcomed all present. She led the recitation of the Rotary 4-Way Test and turned to song leader **Tom Howard**, who led the singing of the day’s patriotic



Simons, Sorensen, Tombergs, Werner, Willsher, Windmiller, Wolfe, Worner, Wright, Yoder

Make-ups...

Penny McGimpsey, Moline Rotary
Bob Gallagher Jr., unnamed Rotary



Make up at another QC club...

Monday, noon: Davenport – The Outing Club
Monday, noon: Moline – Trinity Lutheran Church, Moline
Monday, 6 p.m.: QC Illinois – Club Room, Hy-Vee, 7th Street & John Deere Road, Moline
Tuesday, 7:15 a.m.: River Cities – Brothers Restaurant, Rapids City
Tuesday, noon: Rock Island – QC Botanical Center
Wednesday, noon: Bettendorf – Tanglewood Hills Pavilion
Wednesday, 5 p.m.: Mini Meet – Lunardi’s Restaurant, Davenport
Thursday, 7 a.m.: Iowa Quad Cities – J-Bar, Elmore Avenue, Davenport
Thursday, noon: East Moline – Christ United Methodist Church
Thursday, noon: Milan – Pinnacle Country Club
2nd and 4th Thursdays, 5:30 p.m.: Twin Rivers Rotary After Hours – Bierstube, Moline
Friday, noon: North Scott – Steeplegate Inn, Davenport

For more on Bettendorf Rotary:

<http://www.bettendorffrotary.com/> and on

Facebook: <https://www.facebook.com/bettendorffrotary>



For more on Rotary International:

<https://www.rotary.org/>

Upcoming meetings and more...

Meeting programs thanks to Program Chair Scott Naumann, scottnaumann@msn.com, 563-505-7953:



March 4: Linda Frederiksen, executive director of Medic EMS: how Scott County is preparing for the coronavirus

Watch this space for:
→ Upcoming meetings
→ The next BRC social
→ BettenDo project

→ And, of course...

June 13: LobsterFest, Tanglewood Pavilion



The Rotary Foundation Minute...

[Editor’s Note: The Foundation Minute is prepared weekly for clubs in Rotary District 6000 to provide a glimpse into the good work The Rotary Foundation, or TRF, does around the world. Its editor is Olabisi Gwamna Ph.D, Rotary Club of Mt. Pleasant, Iowa]

February is Vocational Month in Rotary

The Rotary Foundation’s mission is to enable Rotarians to advance world

understanding, goodwill and peace through the improvement of health, the support of education and the alleviation of poverty.

To enhance healthcare and service delivery in Idi Araba and its communities, Rotary District 9110 (Nigeria) in partnership with TRF has unveiled a Medical Health Cabin worth 11,296,875 Naira (USD 32,000) to serve the people of the area as a mini primary health center. Eight locations in Ogun and Lagos states will benefit from this project co-sponsored by District 2430 in Turkey; District 6910 in Georgia, USA, District 4420 in Brazil and the local Rotary Club of Gbagada, Nigeria.

Speaking at the event a few days ago, the past governor of District 9110, Dr. Deinde Shoga, explained that Idi Araba was among five underserved communities that suffer from poor healthcare. He expressed his district's gratitude to TRF for providing the matching funds.

There are plans to site similar health facilities in a total of five locations in Lagos state.



Latest information from the CDC on the coronavirus...

For confirmed coronavirus disease 2019 (COVID-19) cases, reported illnesses have ranged from mild symptoms to severe illness and death. Symptoms can include:

- Fever
- Cough
- Shortness of breath

CDC believes at this time that symptoms of COVID-19 may appear in as few as 2

days or as long as 14 days after exposure. This is based on what has been seen previously as the incubation period of MERS-CoV viruses....

How the virus that causes coronavirus disease spreads is largely based on what is known about similar coronaviruses:

- ➔**Person-to-person spread:** The virus is thought to spread mainly from person-to-person.
 - Between people who are in close contact with one another (within about 6 feet)
 - Via respiratory droplets produced when an infected person coughs or sneezes.
 - These droplets can land in the mouths or noses of people who are nearby or possibly be inhaled into the lungs.

- ➔**Spread from contact with infected surfaces or objects:** It may be possible that a person can get COVID-19 by touching a surface or object that has the virus on it and then touching their own mouth, nose, or possibly their eyes, but this is not thought to be the main way the virus spreads.

There is currently no vaccine to prevent coronavirus disease 2019 (COVID-19). The best way to prevent illness is to avoid being exposed to this virus.

However, as a reminder, CDC always recommends **everyday preventive actions** to help prevent the spread of respiratory diseases, including:

- Avoid close contact with people who are sick.
- Avoid touching your eyes, nose, and mouth.
- Stay home when you are sick.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
- Clean and disinfect frequently touched objects and surfaces using a regular household cleaning spray or wipe.

- Follow CDC's recommendations for using a facemask:
 - CDC does not recommend that people who are well wear a facemask to protect themselves from respiratory diseases, including COVID-19.
 - Facemasks should be used by people who show symptoms of COVID-19 to help prevent the spread of the disease to others. The use of facemasks is also crucial for health workers and people who are taking care of someone in close settings (at home or in a health care facility).
- Wash your hands often with soap and water for at least 20 seconds, especially after going to the bathroom; before eating; and after blowing your nose, coughing, or sneezing.
 - If soap and water are not readily available, use an alcohol-based hand sanitizer with at least 60% alcohol. Always wash hands with soap and water if hands are visibly dirty.